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The New York Academy of Medicine



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FOURTH ANNUAL REPORT

OF THE

SOCIETY

OF THE

Training School for Nurses

ATTACHED TO

BELLEVUE HOSPITAL.

PRESENTED TO THE

VISITING COMMITTEE FOR BELLEVUE AND OTHER
HOSPITALS.

January 1st, 1877.

Established, May 1st, 1873.

NURSES' HOME, 314 E. 26th Street.

NEW YORK:

S. ANGELL, PRINTER, 101 E. 31st St.

1876.

Members of the Society are reminded that the Annual Dues are payable in January. Checks or money with Members' names and addresses should be sent to Mrs. Charles Tracy, No. 128 E. 17th St., who will return a receipt.

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SOCIETY
OF THE
Training School for Nurses.

Managers.

<i>President,</i>	Mrs. ALEXANDER HAMILTON,	17 Wash'ton Sq.
<i>Vice-Pres.</i>	“ JOSEPH HOBSON,	2 E. 15th St.
<i>Secretary,</i>	“ ROBERT WOODWORTH,	18 E. 37th St.
<i>Rec. Sec.</i>	“ E. N. CROSBY,	165 Madison Av.
<i>Treasurer,</i>	“ CHARLES TRACY,	128 E. 17th St.

Mrs. WM. H. OSBORN,	32 Park Avenue.
“ WM. PRESTON GRIFFIN,	208 E. 15th St.
“ DAVID LANE,	121 E. 35th St.
“ HARTMAN KUHN,	267 Fifth Av.
“ T. M. ADAMS,	18 E. 37th St.
“ HENRY E. PELLEW,	18 W. 33d St.
“ JOHN A. SWETT,	21 E 19th St.
Miss FELLOWES,	583 Fifth Av.
Miss IRVING,	33 W. 16th St.

Miss E. P. PERKINS, *Superintendent.*

Miss DAVIS, *Asst. Superintendent.*

Mrs. BROTHERTON, *Matron of Nurses' Home.*

COMMITTEE ON EXAMINATION OF NURSES.

Dr. AUSTIN FLINT,
Dr. STEPHEN SMITH,
Dr. JAMES R. WOOD,
Dr. W. GILL WYLIE.

SPECIAL COM. ON FINANCE.

CLARKSON N. POTTER, *Chairman.*
THATCHER M. ADAMS, *Secretary.*
MRS. LISPENARD STEWART,
“ WILLIAM HADDEN,
“ WILLIAM E. DODGE, Jr.
“ FREDERIC SHELDON,
“ JOHN PHILLIPS,
“ PHILIP SCHUYLER,
WILLIAM H. OSBORN,
D. WILLIS JAMES,
Rev. ROBERT S. HOWLAND,
Dr. JOHN C. JAY,
CHANDLER ROBBINS,
ARTHUR SEDGWICK,
J. NEILSON POTTER.

CLASS OF NURSES GRADUATED,

February, 1876.

Miss BRENNAN,
Miss DAVIS,
Miss DEMING,
Miss JORDAN,
Miss KENYON,
Miss TROTT.

Class, October, 1876.

Miss BESTOW,
Miss BRADY,
Miss F. DEMING,
Miss GREY,
Miss LUCE,
Miss MILLER,
Miss ROOT,
Mrs. REID.



REPORT.

THE great interest which is being manifested at the present time in the construction and management of Hospitals and training of nurses for the sick, induces us, as Managers of the first school established in the United States for the training of Medical and Surgical nurses, to offer, on this, the occasion of our Fourth Annual Report a short sketch of the work, from the commencement, and the result of our experience regarding the system best adapted to this country.

A pamphlet, recently published by the State Charities' Aid Association, entitled a "Century of Nursing," from the pen of a lady, who assisted in the organization of the New York School, details with great felicity and force what might be called the horrors of nursing in the great Hospitals of Europe previous to the period when Howard and Mrs. Fry initiated the work of reformation which has been so ably continued by Miss Nightingale and her associates in England, by Fiedler, the Grand Duchess, Helen and others on the Continent.

In this country, though we have never heard of eight patients being found in one bed, as in the Hotel Dieu, in Paris, nor known of cases of typhus fever and small pox being intentionally placed in the same wards with pneumonia and cancer, we have been witnesses to as great indifference to suffering in other ways, suffering arising from violation of the fundamental laws of life, and wilful blindness to those consequences proved by science and experience to be inevitable.

It is beyond our province to enter now upon the evils arising from bad hospital construction, over-

crowding and official ignorance, all of which increase the death-rate in hospitals, but bad nursing increases the death-rate still more.

The founders of the Training School were inspired to do so by their knowledge of the bad nursing and attendant evils in Bellevue Hospital, and in appealing to the public for the funds necessary to start the work they announced their object as three-fold, i. e. :

1st. To train intelligent woman to become skilled hospital nurses, under the supervision and instruction of physicians, whose standard of a nurse's duties would be exact and rigid, thus improving hospital nursing, not only at Bellevue, but throughout the country.

2d. To train nurses for the proper care of the sick in private families.

3d. To send nurses to the sick poor in their own homes, choosing for this object those whose Christian character, tact and sympathy would fit them to be associated with the Bible-women now attached to many of our churches.

1st. *To improve the nursing in Public Hospitals.*

The school was opened in May, 1873, with a Lady Superintendent and a staff of six nurses. Since that time schools have been opened (though not all on the same plan) in Boston, New Haven, Philadelphia, and at Charity Hospital on Blackwell's Island. The John Hopkins Hospital in Baltimore is preparing plans for one on a large scale, and others are being projected in New York and elsewhere. Aside from the establishment of schools, Managers of Hospitals have discovered, that women trained in such a school as ours, make more reliable matrons and housekeepers, from their knowledge of hospital usages and the care of the sick, than those hitherto employed, whose highest recommendation was, that they had seen better days and were willing to make themselves useful. The result is that we are daily

receiving more applications for Matrons and Superintendents of nurses than we can supply, and hospital nursing has risen to the rank of a profession.

2d. *Nursing in private families.*

Here the supply, limited as it is as yet, has almost created the demand. When we first announced that we could send nurses to private families, the applications were so few that we were tempted to fear that this branch of the work would be unsupported, and that the nurses to whom we had promised an assured means of livelihood would feel themselves deceived. But now, on the contrary, the demand exceeds the supply. Many who formerly resisted the suggestion to call in a nurse now eagerly seek them, and surgeons, in certain instances, have refused to perform operations without the aid of the *trained* nurse on whom they could rely.

3d. *Nursing among the poor.*

This part of our scheme we regret to say has not been carried out, for want of means to do so. The fact that the school depends for its support upon the rich deprives us of the privilege of sending nurses to the poor. The same obstacle was found in England, and Miss Nightingale says: "Experience hitherto shows that if an Institution is begun to provide skilled nurses for the *rich and poor*, especially if it be self-supporting, it ends by providing skilled nurses for the rich alone. For the rich must come first if the Institution is to be self-supporting, and if the rich come first they will be first and last." We hope that the suggestions which we shall offer to carry out this important part of the work, will be approved and acted on.

Having thus briefly stated how far our scheme has been realized, we will now give certain rules for the organization of a school and its management which our experience leads us to regard as fundamental.

The Superintendent.

She should be a lady in the best sense of the word, combining Christian graces with mental ability, having tact, judgment and good temper, and possessing that nameless power, peculiar to good generals, of inspiring an "*esprit de corps*" in her subordinates. She should be held responsible by the governing body of the Hospital for the discipline of her nurses, their good conduct, the order and cleanliness of the wards, and the domestic arrangements of the Hospital. All the servants and nurses should, in the performance of their duties, be responsible to her alone. She should be responsible to the medical authorities that their orders for the treatment of the sick are satisfactorily carried out. Neither a medical officer nor any other male head should have the power to dismiss or suspend a nurse or servant for bad conduct or neglect of duty. He should report the case to the Superintendent, who, as we have said, is responsible for the conduct of her subordinates.

* "Simplicity of rules, placing the nurses in all matters regarding management of sick, absolutely under the orders of the medical men, and in all disciplinary matters absolutely under the female Superintendent, to whom the medical officers should report all cases of neglect, is very important. At the outset there must be a clear and recorded definition of the limits of these two classes of jurisdiction. Of course if she does not exercise the authority entrusted to her with judgment and discretion, it is then the legitimate province of the governing body to interfere and remove her. It is necessary to dwell strongly on this point, because there has been not unfrequently a disposition shown to make the nursing establishment responsible on the side of discipline to the medical officer or the Governor of a Hospital. An attempt to introduce such a system would be merely to try anew and fail anew in an attempt which has frequently been made. In disciplinary matters a woman only can understand a woman."

To this opinion of Miss Nightingale we give our emphatic assent. To turn a body of young women

* Miss Nightingale.

into a hospital with no female head whom they can respect and *must* obey, will be sure to end in failure so far as a school is concerned, and in disaster in other ways.

Pupils.

Should be, as a general rule, between the ages of twenty-one and thirty-five, unmarried or widows.* Habits of obedience, order, regularity, neatness and quickness of observation, all indispensable qualities in a nurse, can not be acquired after middle life, and it will scarcely occur that before the age of twenty-one a woman will have acquired that steadiness of purpose which a profession of such labor and self-sacrifice entails. The pupil should have good temper and good health,† a woman whose vision or hearing is defective, who is lame or delicate in any way, should not be accepted. Our experience proves that the better she is educated and the more refined and intelligent she is, the better nurse she makes, and we are glad to see that as the work becomes better known we have applications from women of a higher grade than many of those who first offered, and we look forward with confidence to the period, and that not long distant, when the profession of a nurse for the sick will rank with that of a teacher for the young.

Residence.

Miss Nightingale regards it as indispensable that the Superintendent and her nurses should live within the Hospital. Our experience is the reverse of this, and we account for it thus: American women, who are generally of sensitive, nervous organization, brought from the comfortable homes of our rural

* Women separated from their husbands should not be accepted.

† Persons recommending pupils should previously learn whether they have any physical defects, as women coming from a distance find it hard to be discharged for what seem such slight causes.

districts, are at first depressed by the painful aspects of hospital life, and afterwards, if they become interested in their work, they take it so "to heart" that unless they are forced to leave the Hospital when off duty they would never have it off their minds, and in the end their health would be affected. Hence it is of great importance to the health and *morale* of the pupils, that they should have a cheerful, comfortable home where they can each day throw off the cares of their profession, and rest when exhausted. We attribute the good health enjoyed by our pupils (no dangerous illness nor death has occurred among them in three years and a half) to their Home, from whence they walk to and from the Hospital three time a day.

Salary.

It has been remarked by some with surprise that pupils should be paid while receiving their education. "Why should not women who are enjoying such advantages give their services in return?" To the same question Miss Nightingale gives the following reply :

"The real point is, that the women who have to earn their bread can not, after twenty-five years of age, seek situations which require a year or more previous training, this which is often overlooked is so important that one *sine quâ non* for all institutions which train nurses, is that the Probationers, if really good subjects are to be obtained, should receive wages during their year's training."

Dress.

A uniform, however simple, is indispensable, and should be rigidly enforced. It is advantageous on the ground of economy as well as neatness, and its effect on a corps of nurses, is the same as on a company of soldiers.

Having now stated certain of the principles which our experience has taught us to be indispensable to the good management of a school, we will proceed to detail the progress of the work during the past year.

In January, 1876, a number of our influential

citizens, who had examined the work of the school, and were satisfied with its results, issued an appeal to the public to contribute towards its support as "they were convinced of its success and value, and would consider it a public calamity if its usefulness should be checked for want of funds." This appeal was successful. In spite of the hard times, the citizens of New York, as they always have done for all good causes, responded liberally, and we were enabled to go on and extend the work, instead of curtailing it, as we feared we might be forced to do.

From nine wards, with one hundred and sixty beds and thirty-one nurses, on the first of last February, we have now twelve wards, one hundred and ninety-two beds, and fifty nurses.

Ten trained nurses are at the present time detailed for private service. Seventy-three private cases have been attended during the year, and nurses have been sent to Albany, Newport, Saratoga, Philadelphia, Newark, Orange and Brooklyn.

A class of six nurses graduated and received their diplomas in May, and another in October.

On entering the school the pupils receive instruction :

1st. From the head nurse of the ward to which they are assigned in general "Ward Work," and in the personal care of the patients.

2d. From the Assistant Superintendent in Physiology, management of a sick-room, and the duties of a nurse.

3d. From physicians and surgeons by the bedside of the patients.

4th. From lectures.

The course during the past year has comprised, 4 lectures on Diseases of Children, by Dr. Beverly Robinson.

2, on Obstetrics, by Dr. W. M. Polk.

2, on Eruptive Fevers, by Dr. Stephen Smith.

2, on Ventilation and Bathing, by Dr. Alpheus C. Crosby.

3, on Hemorrhages and Circulation of the Blood, by Dr. Silver.

4, on Arteries, by Dr. Wallace.

2, on Respiration and Temperature, by Dr. Cochran.

1, on Superficial Anatomy, by Dr. F. H. Hastings.

2, on Uterine Appliances, by Dr. Emily Blackwell.

And lessons in Bandaging, by Orderly Sullivan.

At the end of the first year an examination is held by certain members of the House Staff of the Hospital, at the close of the second year, by the Physicians and Surgeons who sign the diplomas.

We would here offer our thanks to the Physicians and Surgeons as well as to the House Staff for the valuable lectures and bedside instruction they have given the nurses. To the Warden of the Hospital and his subordinates we are indebted for unvarying kindness and assistance.

In July the care of the pavilion in the grounds of Bellevue Hospital was assumed by the school at the request of the physicians. This pavilion which was in a miserable condition, was thoroughly cleansed, purified and painted, is now one of the most attractive wards in the Hospital, where the lives of the little children who occupy it are brightened by the tender care of their kind nurses. The number of children now in this ward and in other parts of the Hospital gives the pupils peculiar advantages in learning to nurse children suffering from disease or accident.

A particular service undertaken by the school deserves special mention, both from its nature and the benevolent spirit shown in its practice. Since the lying-in wards were removed from Bellevue to Charity Hospital on Blackwell's Island in 1874, the † "Emergency cases" have been taken in ambu-

† Women found in labor in the streets or station-houses.

lances to the boat at the foot of 26th street and the East River, where the patients remained until the next trip of steamer to the Island. As the women were usually brought there in the night they were forced to remain several hours on the boat, and the discomfort and exposure at such a time and in such a place, were oftentimes very great. A doctor was always sent from Bellevue, but much difficulty was found in obtaining a nurse. Finally our Superintendent consented to allow her nurses to go when called upon to attend these unfortunate women. The work was voluntary, no nurse being ordered to go. From June 1st to December 1st they were called fifty-four times, generally in the night, and never failed to obey the call. Since the 1st of December the Superintendent declined to risk the health of the nurses by such exposure as the winter weather would entail in such a place, and the Commissioners of Charities have provided a refuge for the patients at the Nursery and Child's Hospital.

The nurses sent to private cases have usually returned with satisfactory testimonials. They have started at a moment's notice for distant places, and shown a conscientious desire to do their duty faithfully. It should be borne in mind by those who employ the nurses that they are trained to nurse very sick people in a pauper hospital. In critical cases when all depends upon watchful care they are not likely to fail, but they may not always show themselves familiar at first with the habits and requirements of those wealthy invalids, who are able to surround themselves with every appliance which money can purchase to alleviate disease, and allowances should be made for a defect which time is sure to cure. Not that we would assume that our nurses are perfect, far from it, but we claim that they are intelligent and high principled, and carefully trained in their duties, and free from the traditional faults of

the old-time nurse. Since the school was established but one pupil has been accused of intemperance, and but one of dishonesty, the former was denied her diploma, the latter was discharged.

We hope that all who employ the nurses will return an exact statement of their conduct, in the paper sent for the purpose, it is no kindness to the school to conceal the faults of those who do wrong. We also request that all persons who employ nurses claiming to have graduated from the school, will require to see their diplomas, and managers of hospitals should always apply to the Superintendent before employing a nurse, to know if she is fitted for the place proposed for her. We would also caution managers of hospitals against receiving women who claim to have "left" the school. "Leaving" implies that they have been found unfit at the close of their month of probation, or have been dismissed later for bad conduct, or have broken their written pledge to remain two years. If for any reason a pupil leaves the school with permission of the Committee she is entitled and receives, if she wishes it, a written discharge.

In May last* sister Helen who had been our Superintendent since the establishment of the school, and to whose knowledge and experience we are much indebted, was forced to return to England, on account of her health. Miss Van Rensselaer, who had devoted herself unremittingly to the work since the beginning, to our regret resigned her post as Assistant Superintendent. Losses such as these coming at once might have seemed irreparable, nevertheless the school has continued to prosper. Miss Perkins, a former member of the Board of Managers, has proved a most valuable and efficient Superintendent, and in Miss Davis, a graduate of the school, she has a very competent assistant.

* Of University College Hospital, London.

If we have succeeded in proving that the school, which was established in May 1873, as an experiment, has fulfilled the design of its founders, we trust that the pecuniary support hitherto extended to it will be continued and increased. While our efforts to make it, as far as possible, self-supporting will not be relaxed, we shall still require large contributions to sustain it, not only on its present basis, but what is most desirable to increase the number of the pupils, and raise the standard of the work.

The system of district nursing among the poor in Liverpool, covers the whole town, and works in connection with the Board of Health, whose medical officer, Dr. French, in his report of 1874, gives "three thousand three hundred and seventy-one as the number of cases attended by the nurses, and some of them cases of extreme poverty."

What an inestimable blessing an Association for sending trained nurses to the sick poor would be to New York! The sad record of five hundred deaths among children in tenement houses in New York in one week, which was reported last summer, would not have startled the country as it did, had the Board of Health been able to send women skilled in the care of sick children, from house to house.

The "Metropolitan Nursing Association for providing nurses to the sick poor of London," in its circular proposes to provide as its means allow, homes for a certain number of nurses to live in the different parishes of London. The duties of these nurses would be

1st. "To nurse.*

2d. To nurse the room as well as patient, to put the room in nursing order. That is to make the room such as a patient can recover in, to bring care and cleanliness into it, and to teach the inmates to keep up that care and cleanliness.

* From a letter addressed to the *Times*, by Miss Nightingale, April 14th, 1876.

3d. To bring such sanitary defects as produce disease and death, and which only can be remedied by the public, to the notice of the public officer whom it concerns."

In order to initiate a work which may be the nucleus of an organization similar in its object to those of London and Liverpool the managers of the Training School now offer to give six months' training free of charge to women who propose to devote themselves to nursing among the poor. The candidates must be selected by individuals or societies who intend hereafter to superintend the nurses' work, and who will defray the charge of their board and lodging during the six months' training. The managers will require of every candidate a month of probation and reserve the right of judging of her fitness for the work at the end of that time. The experience which an earnest intelligent woman may thus acquire may enable her to do a vast deal of good among the sick poor and thus in time the city might be districted and supplied with a body of trained nurses who would accomplish as valuable results as those in Liverpool.

This work of training nurses in its various branches is so varied and the need so great that it is only to be limited by the means to carry it on. As a new and honorable profession for women, as life-saving and comforting for rich and poor, we ask for the money which has hitherto been so generously given, and which we shall strive to expend wisely and economically.

By order of the Board of Managers.

ANGELICA L. HAMILTON, *President.*

ALLINE P. WOODWORTH, *Secretary.*

The following are some of the Testimonials received from physicians and others who have employed the Nurses:

Miss M. has nursed Mrs —, most faithfully and efficiently, in fact she has displayed an unusual amount of skill and judgment, and I attribute a great portion of the successful result from the operation, to her care and skillful attention.

LEWIS A. SAYRE, M. D.

While attending Prof. —, in his protracted and severe illness, I have had continued occasion to observe the efficiency, faithfulness and absolute reliability of Miss G—.

J. ADLER, M. D.

Miss C. has had charge of my sick children during a severe attack of diphtheria, one, the most difficult case, resulting fatally. Her conduct under trying circumstances has been beyond praise; all attention to the suffering ones, and kindness to the sorrowing. Dr. Nichols, the attending physician, authorises me to speak in the highest terms of her skill and efficiency.

EDWARD H. WRIGHT,
24 Park St., Newark, N. J.

Miss A., since she has been in attendance on my patient, has shown herself to be thoroughly versed in the art of nursing a surgical case. I consider the success met with in the present instance, to be due in a great part to the efficient manner in which she performed her duties. I can readily see what a great advantage it is to a doctor, as well as the patient, to have a nurse who has had the training afforded by your excellent institution.

D. L. WALLACE, M. D.,
Newark, N. J.

Miss B. has given me entire satisfaction, and her written reports of the case have been admirably made. The case was one of nervous disorder, and involved none of the kind of care exacted by acute disease.

WEIR MITCHELL, M. D.,
Philadelphia.

Mrs. M. has been under my supervision for the last five weeks as nurse. I take pleasure in recommending her to the public, as a person possessing rare qualities in her profession, good health and great endurance.

She is amiable and obliging and particular in following the directions of the physician.

F. W. OSTRANDER, M. D.,
Brooklyn.

I take pleasure in certifying that I have never observed so intelligent and skillful management of a patient on the part of a nurse, (nor more faithful attendance from kindred even), as Miss M. has fulfilled in her care of Mrs. —, in her last and fatal illness.

DELEVAN BLOODGOOD, M. D.,
Medical Inspector, U. S. Navy.

Miss C. is the best nurse we have ever seen. Efficient and practical, medically, she combines these good qualities with a wonderful patience, tenderness and loving care, which has won our hearts to her.

B. H. SMITH AND FAMILY.

Miss G. has quite fulfilled all our expectations of what a trained nurse should be.

Miss G. has proved herself in all respects required during her attendance of five week upon Mrs. —, a very efficient and satisfactory nurse. Her manners unvaryingly gentle, her care of the invalid most assiduous and faithful, prompt and ready in emergencies and in executing the physician's orders. We part with her personally with regret and in any time of illness, could not desire a better nurse.

MARY H. JOHNSON,
New York.

Mrs. M. has taken care of my wife during the past five weeks, and the case has been one which required unusual care and skill. Mrs. M., has proved herself fully equal to the occasion, and is the best nurse I have ever met with in my practice. She has made herself agreeable to every one in the house, and has been unremitting in her attention to Mrs. H.

EDWARD R. HUN, M. D.,
Albany.

I desire to add my testimony to that of the physician in charge, to the skill and devotion of Miss B.—. She has been untiring, watchful, wise, cool, and utterly self-forgetful. The presence of such a nurse diminishes one-half the responsibility of the physician, the suffering of the patient, and the anxiety of the family. My own sense of the great value of the Training School is deepened and increased. I speak from personal knowledge. This case has been constantly under my eye, the patient being not my parishioner only, but a most dear and valued friend.

WM. CROSWELL DOANE,
Bishop of Albany.

TREASURER'S REPORT, TRAINING SCHOOL FOR NURSES, For Eleven Months ending December 31, 1876.

<i>Paid for</i>			
Furniture.....	\$1,033 15	Cash on hand, February 1, 1876.....\$1,514 42	
Fire Insurance.....	20 25	<i>Received from</i>	
Stationery and Printing.....	411 60	Annual Dues of Members and Associate	
Articles for Bellevue Hospital.....	114 50	Members.....	5,025 00
Rent of Home for Nurses.....	3,176 82	Donations & Subscriptions.....	4,265 00
Salaries of Superintendent, Asst. Super- intendent, and Matron.....	884 00	Bellevue Hospital, for board and pay of Nurses.....	3,616 00
Pay of Nurses.....	5,796 77	Private Families, for Services of Nurses.	4,564 12
Pay of Orderly.....	225 00	Interest from Trust Co., &c.....	121 16
Expenses of Home for Nurses.....	6,734 48		
Cash on hand, Dec. 31, 1876.....	709 13		
	\$19,105 70		\$19,105 70

E. E.

New York, Jan. 1, 1877.

DONATIONS AND SUBSCRIPTIONS,

Received from Feb. 1st, to Dec. 31st, 1876.

This list does not include (i. e. is in excess of) amounts received from Members (\$10 or \$100) and Associate Members (\$5 or \$50), in payment, or commutation for life, of their Annual dues.

*Mrs. T. M. Adams . . . , \$10 00	Mr. E. Falconer, Murray
Mrs. Hugh Auchincloss. 15 00	Fund..... \$25 00
*Mr. A. McLane Agnew. 15 00	*Mr. Charles M. Fry.... 5 00
*Mrs. R. T. Auchmuty.. 15 00	Mr. H. S. Fearing..... 18 65
*Mrs. James Brown.... 15 00	A Friend, through Mrs.
Busk & Jevons..... 25 00	Griffin..... 10 00
Miss S. B..... 10 00	Mr. J. J. Goodwin..... 10 00
Mrs W. A. Butler..... 10 00	
Mrs. Babcock..... 10 00	*Mrs Thomas Hitchcock 15 00
	Mr. D. H..... 5 00
*Mr. W. F. Cary, for	*Hobson, Hurtado & Co. 20 00
1875 and 1876..... 30 00	R. Haydock & Brother.. 25 00
Mrs. Colden..... 5 00	Hamburger Bloom & Co. 25 00
Mrs. E. M. Crosby, pro-	Mrs. Holland..... 5 00
ceeds of a concert at	Miss Hoffman..... 3 00
her house..... 401 25	Mrs. John H. Hall..... 10 00
A Friend, through Miss	Miss Hamersley..... 15 00
Collins..... 10 00	Mrs. J. J. Higginson... 5 00
Miss Cheesman..... 1 00	
Mrs. Wm. Colman..... 10 00	Mrs. Colford Jones..... 15 00
R. L. C..... 10 00	*Mrs. M. K. Jesup..... 15 00
Cash, in envelope..... 10 00	Miss E. S. Jones..... 100 00
Mrs. S. B. Dana..... 10 00	*Mrs Hartman Kuhn.... 15 00
Dr. Wm. H. Draper.... 10 00	Mr. David King, Jr.... 10 00
*Mrs. Wm. B. Dinsmore 15 00	Mr. R. L. Kennedy..... 500 00
Mrs. D. B. Eaton..... 15 00	*Mr. Maturin Livingston 10 00
Mr. Henry P. Eggleston.. 15 00	Mr. R. J. Livingston.... 150 00
Mrs. James Emott..... 5 00	Mr. W. G. Langdon.... 15 00
A Friend, through Mrs.	Mrs. Daniel Lord..... 50 00
Swett..... 5 00	Miss Lord..... 15 00
A Friend..... 10 00	Mrs. Ludlam..... 15 00
A Friend, through Mrs.	
Hadden..... 20 00	Mr. J. P. Morgan..... 100 00
	*Mrs. W. D. Morgan... 2 00

* Annual Subscriptions.

A Friend, through Dr.		*Mrs. John A. Swett...	10 00
Markoe.....	100 00	*Mrs. R. Stuyvesant....	10 00
Mr. Douglass Merritt...	15 00	H. C. S.....	25 00
*Mr. L. P. Morton.....	10 00	Mr. Edward Sturges....	20 00
General McDowell.....	10 00	“ B. Schlesinger.....	10 00
		“ Fred. Sheldon.....	15 00
*Mrs. Ottendorfer.....	15 00	R. L. & A. Stuart.....	100 00
		Mrs. F. G. Shaw.....	15 00
*Mr. Alfred Pell.....	15 00	Miss Kate Sturges.....	3 00
Mr. H. E. Pellew.....	10 00	Mr. Charles A. Sackett.	25 00
Mrs. John C. Phillips...	50 00	Mr. Bryan Smith.....	13 00
“ Francis A. Pott...	10 00		
“ Pierrepont.....	10 00	Mrs. Moses Taylor.....	15 00
“ John E. Parsons. .	15 00	“ W. H. Tillinghast.	15 00
Mr. Royal Phelps.....	20 00	Mr. John B. Trevor....	10 00
Mrs. Joel Post.....	10 00		
Mr. E. Penfold.....	25 00	*Mrs. R. Woodworth....	10 00
		*Mrs. H. R. Winthrop..	10 00
Mr. Henry Romilly.....	15 00	Miss C. L. Wolfe.....	1500 00
In memoriam of S. L. R.	50 00	Mr. W. H. Webb.....	15 00
*Mrs. H. Renwick.....	15 00	E. W.....	5 00
Mrs. George A. Robbins	15 00	Mrs. Mary B. Wheeler.	15 00
Mrs. C. V. S. Roosevelt.	15 00	Mr. J. W. White.....	50 00
M. L. R.....	5 00	Mrs. Sydney Webster...	10 00
Mrs. John H. Rhoades..	10 00	“ E. G. W.....	10 00
Mr. Rathbone.....	30 00	Mr. John Warren.....	5 00
Mrs. R.....	10 00		
Miss R.....	5 00	*Mrs. J. Zimmerman...	40 00
Mr. L. V. F. Randolph..	10 00		

* Annual Subscriptions.

RULES FOR PUPILS
OF THE
Training School for Nurses,
ATTACHED TO
BELLEVUE HOSPITAL.

The Committee of the Training School for Nurses, has made arrangements with the Authorities of Bellevue Hospital, for giving two years' training to women desirous of becoming professional nurses.

Those wishing to receive this course of instruction must apply to the Superintendent of the Training School, 314 East 26th Street, New York, upon whose approval they will be accepted as pupils in the Hospital. The Candidates must be over twenty-one years of age, and must present, on application, a certificate from a clergyman and a physician as to their good moral character and sound health.

They will be received for one month on probation. During this month they are boarded and lodged at the expense of the School, but receive no compensation if they leave before the expiration of the month, or are found unsuitable by the Superintendent.

They will be under the authority of the Superintendent, and subject to the rules of the Hospital. The Superintendent will have full power to decide as to their fitness for the work, and the propriety of retaining or dismissing them at the end of the month of trial. She can also discharge them at any time in case of misconduct or inefficiency, with the approval of the Committee.

They will reside in the Home near the Hospital, and serve as assistant nurses in the wards of the Hospital.

COURSE OF TRAINING.

Those fulfilling the conditions of the probationary month, will be accepted as Pupil Nurses. They must agree to remain at the School for one year, and after that time to consider themselves subject to the orders of the Committee, (of whom the Superintendent will make one,) for an additional year, making two years in all, in consideration of training received.

The instruction includes,

1. The dressing of blisters, burns, sores and wounds; the application of fomentation, poultices and minor dressings.
2. The application of leeches externally and internally.
3. The administration of enemata.

4. The management of trusses and appliances for uterine complaints.

5. The best method of friction to the body and extremities.

6. The management of helpless patients; making beds, moving, changing, giving baths in bed, preventing and dressing bed-sores, and managing positions.

7. Bandaging, making bandages and rollers, lining of splints.

The pupil nurses will attend operations and assist at them.

They will be taught every kind of sick-cookery, and the preparation of drinks and stimulants for the sick. To understand thoroughly the art of ventilation without chilling the patient, both in private houses and in hospital wards, and all that pertains to night, in distinction from day nursing.

To make accurate observations and report to the physician of the state of the secretions, expectoration, pulse, skin, appetite, temperature of the body, intelligence, as delirium or stupor, breathing, sleep, condition of wounds, eruptions, formation of matter, effect of diet, or of stimulants, or of medicines; and to learn the management of convalescents.

The teaching will be given by attending and resident physicians and surgeons at the bedside of the patients, by the Superintendent, and by the Head Nurses.

The pupils will pass through the different wards, serving and being taught for one year. They will board and lodge at the Home, and will be paid \$10.00 (ten dollars) a month for their clothing and personal expenses. This sum is in no manner intended as wages, it being considered that their education during this time will be a full equivalent for their services.

They are required to wear the dress of the Institution, viz.: a grey stuff dress in winter, and calico in summer, (simply made,) a white apron and cap, and brown linen cuffs covering the sleeve from wrist to elbow. Nurses will be cared for in illness at the Home.

At the expiration of the year, they will be promoted to such positions as they may be found capable of holding, with an increase of salary.

When the full term of two years is ended, the nurses thus trained will be at liberty to choose their own field of labor, whether in Hospitals, in private families, or in District nursing among the poor. On leaving the School they will on passing an examination each receive a diploma signed by the Examining Board and by a Committee of the Board of Managers.

N. B.—This Paper to be filled in (in the Candidate's own hand-writing,) and sent to the Superintendent of Training School, 314 East 26th Street, New York.

QUESTIONS TO BE ANSWERED BY CANDIDATE.

1. Name in full and present address of Candidate }
2. Are you a single woman or widow? }
3. Your present occupation or employment? }
4. Age last birthday, and date and place of birth? }
5. Height?..... Weight?
6. Where educated?
7. Are you strong and healthy? and have you always been so? }
8. Are your sight and hearing perfect? }
9. Have you any physical defects?
10. Have you any tendency to pulmonary complaint? }
11. If a widow, have you children? How many? Their ages? How are they provided for? }
12. Where (if any) was your last situation? How long were you in it? }
13. The names in full and addresses of two persons to be referred to? State how long each has known you. If previously employed, one of these must be the last employer. }
14. Have you read and do you clearly understand the Regulations? }

I declare the above statement to be correct.

Date.....

Signed.....

Candidate.

PAPER TO BE SENT TO EMPLOYERS.

NEW YORK TRAINING SCHOOL AND HOME FOR NURSES.

314 East 26th Street.

Date.....18

This day the Nurse.....

has been sent, on the recommendation of.....
to nurse in the case of.....

Signed,

.....

Sup't.

REGULATIONS.

Attention is requested to the following Regulations:—

1.—That the charge for the services of a Nurse for each week (or any part of a week) be..... Travelling Expenses and Washing to be paid by the family employing the Nurse.

That all applications be made personally, or in writing, to the Lady Superintendent.

That the Nurse be in no case informed of the sum paid to the Institution for her services.

2.—That when the Nurse's services are no longer required this sheet of paper be returned, sealed up, with a candid statement on the fly-leaf, of her conduct and efficiency, either from one of the family or the Medical Attendant, together with information of the amount to be paid, and whether it is enclosed or will be paid at the Institution.

3.—That the Nurse be allowed reasonable time for rest in every twenty-four hours: and that when the services are needed for several consecutive nights, at least six hours in the day out of the sick-room, be given.

4.—That, except in cases of extreme illness, the Nurse be allowed opportunity to attend church once every Sunday.

5.—That the Nurse wear the dress prescribed for her by the regulations of the Institution.

6.—That patients or their friends be invited to contribute to the general funds of the Society, and to assist in enabling it to afford the advantages of gratuitous nursing to the poor, which is one of the objects the Association hopes to accomplish. •

7.—That, when it be possible, a few days' notice of the Nurse's return be sent to the Lady Superintendent.

PAPER TO BE FILLED BY EMPLOYERS.

Date.....18

The services of the Nurse.....
being no longer required, she is this day set at liberty to return home, and the sum of \$, being the remuneration for her attendance, is

Signed,

Conduct and Efficiency, or other remarks.

Training School for Nurses.

BELLEVUE HOSPITAL.

RULES FOR NURSES GOING OUT TO PRIVATE SERVICE.

1st. That the Nurses are to attend the sick, both rich and poor, at Hospital or Private Houses, as the Committee or Superintendent may appoint.

2d. That when sent from the Home to attend a patient, they receive their instructions from the Superintendent, and do not leave the case without communicating with her; this they can do by letter at any time.

3d. That while on duty in the Home, at the Hospital, or in Private Houses, the regulations of the School, with regard to dress, are to be observed by the Nurse.

4th. That a Nurse is always to bring back with her a certificate of conduct and efficiency from the family of her patient, or from the medical attendant.

It is expected that nurses will bear in mind the importance of the situation they have undertaken, and will evince, at all times, the self-denial, forbearance, gentleness and good temper so essential in their attendance on the sick and also to their character as Christian Nurses. They are to take the whole charge of the sick-room, doing every thing that is requisite in it, when called upon to do so. When nursing in families where there are no servants, if their attention be not of necessity wholly devoted to their patient, they are expected to make themselves generally useful. They are to be careful not to increase the expenses of the family in any way. They are also most earnestly charged to hold sacred the knowledge which, to a certain extent they must obtain of the private affairs of such household or individuals as they may attend.

Communications from or on the subject of Nurses may be made personally, or by letter, to the

SUPERINTENDENT,

Nurses' Home, 314 E. 26th Street, N. Y.

HONORARY MEMBER.

MISS EUPHEMIA VAN RENSSELAER.

BENEFACTORS.

By the gift of one thousand dollars.

MISS CATHERINE L. WOLFE,
MR. FREDERICK W. STEVENS.

PATRONS.

By the gift of five hundred dollars.

MR. WILLIAM H. OSBORN,
MR. WILLAM E. DODGE, JR.,
MESSRS. MORTON, BLISS & CO.,
MR. J. PIERREPONT MORGAN,
MR. LUCIUS TUCKERMAN,
MESSRS. ZENOR, SECOR & CO.,
MR. ROBERT L. KENNEDY,
THE SOCIETY OF THE N. Y. HOSPITAL,
MR. ROBERT J. LIVINGSTON.

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Annual dues, ten dollars.

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	Mr. James Bowen,
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† signifies *Life*-membership.

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Mrs. William Coleman,	Mr. H. P. Eggleston,
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Mr. Emerson Foote.	Mr. Joseph Hobson,
	Mrs. Joseph Hobson,
	Mrs. John Hoey,
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Mrs. Goddard,	Mrs. N. P. Hosack,
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Mr. John A. C. Gray,	Mr. J. M. Hurtado.
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Mr. Peleg Hall,	Mrs. D. Willis James,
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Mrs. Martha B. Jones.	Miss E. J. Minturn,
	Mrs. R. B. Minturn,
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	Mrs. Newbold,
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Mr. Woodbury G. Langdon,	Mrs. Carlisle Norwood.
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Miss Serena Rhineland	Mrs. Charles S. Smith,
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Mr. Chandler Robbins,	Mrs. James Stewart,
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 Mr. Stephen C. Williams,
 Mrs. H. R. Winthrop,
 Mrs. John D. Wood,
 Mr. Franklin Woodruff,
 Mrs. Robert Woodworth,
 Mrs. Edward J. Woolsey,
 Mrs. Wright,

† signifies *Life*-membership.

ASSOCIATE MEMBERS.

Annual dues, five dollars.

Mrs. Charles M. Allin,	Mrs. Henry Day,
Miss J. J. Angell,	Mrs. C. P. Daly,
Miss Minnie Appleton.	Mrs. H. G. De Forest,
	Mrs. R. W. De Forest,
Mrs. D. G. Bacon,	Miss Dehon,
Mrs. S. L. M. Barlow,	† Mrs. d'Hauteville,
Mrs. M. E. Baylies,	Mrs. Charles C. Dodge,
Mr. Robbins Battelle,	Miss Draper,
Mrs. Isaac Bell,	Mrs. Henry Draper,
Mrs. George Bird,	Mrs. Dunlap.
Miss Bloodgood,	
Mr. John B. Boughton,	Mrs. David Eggleston,
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Mr. F. W. Christern,	Miss Charlotte Gardiner,
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Miss A. C. Cook,	Mrs. Irving Grinnell,
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Mr. Albert Crane,	Mrs. Charles Goodhue.
Mrs. Henry H. Crocker,	
Mrs. E. N. Crosby,	Miss Martha Hall,
Mrs. John C. Cruger,	Miss Mary Harvey,
Mrs. Nathaniel Currier.	Miss Rebecca Harvey,

† signifies *Life-membership*.

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Mrs. Dr. Holland,	Mrs. C. E. Miller,
Miss Eliza Hosack,	Mrs. Geo. McC. Miller,
Mrs. Meredith Howland,	Mrs. Lawrence Moore,
Mrs. Richard M. Hunt,	Mrs. Charles Munzinger,
Mrs. Pierre Humbert.	Mrs. C. P. Murray.

Mrs. Richard Irvin.	Miss Norrie.
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Miss Elizabeth Jones,	Mrs. Geo. Ogden,
Mrs. Fred. R. Jones.	Mrs. W. O. Ogden,
	Mrs. F. L. Olmsted,
	Mrs. Owen.

Mr. John Kane,	
Mrs. James W. Kendall,	
Mr. Henry Keteltas,	Mr. W. W. Parkin,
Mr. O. K. King.	Mrs. Wm. B. Parsons,
	Miss E. P. Perkins,
Mrs. Charles Landon,	Mrs. H. E. Pierrepont,
Mrs. Charles Lanier,	Mr. Frederic Prime.

Mrs. Geo. A. Leavitt,	
Miss M. E. Leavitt,	Mr. Gould H. Redmond,
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Mrs. Wm. P. Lee,	Mrs. Wm. Rhineland,
Mrs. Edward Leverich,	Mr. N. P. Rodgers
Mrs. Clermont Livingston,	Miss A. Rogers,
Mrs. R. E. Livingston,	Mrs. A. P. Rogers,
Mrs. Edwin Lord.	Miss Russell,
	Miss E. Russell.

Mrs. Macaulay,	
Miss Emily Martin,	Miss Sarah Sands,

† signifies *Life-membership*.

Mrs. S. B. Schieffelin,	Mrs. W. P. Van Rensselaer,
Mrs. Henry Wm. Smith,	Mrs. Frank Vincent.
Miss Julia C. Stevens,	
Mrs. A. B. Stone,	Miss Waller,
Mrs. J. O. Stone,	Mrs. Martha Waller,
Miss M. A. Strong,	Mrs. F. L. Warden,
Mrs. B. L. Swan.	Mrs. W. H. Wells,
	Mrs. John Welsh,
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Mrs. W. H. Tillinghast,	Mrs. C. F. White,
Mrs. W. L. Thompson,	Mrs. C. T. Wight,
Mrs. Wm. H. Townsend,	Miss G. Wilkes,
Mrs. Wm. R. Travers.	Miss H. Wilkes,
	Miss M. M. Williams,
Miss Cora Underhill,	Mrs. J. Winthrop,
Miss M. L. Underhill.	Mrs. Grenville Winthrop,
	Mrs. Joel Wolfe,
†General J. H. Van Alen,	Mrs. E. Worthen,
Mrs. Van Rensselaer,	Mrs. C. F. Wright,
Miss E. Van Rensselaer,	Dr. W. Gill Wylie.
Miss E. L. Van Rensselaer,	
Mrs. J. Van Rensselaer,	Mrs. Alfred Youngs.

† signifies *Life*-membership.

BY - L A W S.

ARTICLE I.

This Society shall be known by its incorporated name of "THE TRAINING SCHOOL FOR NURSES." (Incorporated February 5th, 1874.)

ARTICLE II.

The object of the Society, as defined by its Charter, is "the selection, education, training and providing of suitable persons as nurses for the sick."

ARTICLE III.

The Society shall report monthly and annually in writing to the "Local Visiting Committee of Bellevue and other public Hospitals of the City of New York," branch of the State Charities' Aid Association.

ARTICLE IV.

The Society shall consist of Honorary Members, Benefactors, Patrons, Members, and Associate Members.

ARTICLE V.

The Officers of the Society shall be a President, Vice President, Secretary and Treasurer. They shall be elected annually by a two-thirds vote by ballot of the Board of Managers, from among its numbers. In case of the death or resignation of an officer, a successor for the remainder of the year may be elected by a two-thirds vote by ballot of the Board of Managers from among its numbers, at any Regular or Special Meeting of the Board of Managers, two weeks' notice having been given in writing, to the Members, by the President or Secretary.

ARTICLE VI.

The President shall preside at all Meetings of the Board of Managers, and shall call Special Meetings at discretion, or upon the written request of three Members. The President shall name the Members of Standing and Special Committees,

and shall appoint, annually, an Auditing Committee, of two gentleman, Members of the Society, but not Members of the Board of Managers, to examine and report upon the Accounts of the Treasurer.

ARTICLE VII.

The Vice President shall, in the absence of the President, perform the duties of the President.

ARTICLE VIII.

The Secretary shall perform the duties usually appertaining to this office.

ARTICLE IX.

The Treasurer shall receive, invest and take charge of the funds of the Society, and shall make written Monthly Reports to the board of Managers, of the condition of the Treasury, and a written Annual Report to the President, at the Annual Meeting of the Board of Managers.

ARTICLE X.

There shall be a Board of Managers consisting of not less than eleven members. Five Members of this Board shall be Members of the Local Visiting Committee for Bellevue and other public Hospitals. The Board may make its own By-Laws, and fill vacancies in its own body. The Board may by a two-thirds' vote remove any Member for cause. It shall prepare the Annual Report, and submit it to the Society for approval at the Annual Meeting. It shall hold its Annual Meeting just previous to that of the Society. No Member of the Board of Managers shall receive a salary nor any compensation for services rendered. Five Members of the Board shall constitute a quorum at any Meeting.

The absence of any Member of the Board of Managers from the Meetings of which he or she may be a Member for a consecutive period of three months without giving notice to the Secretary, may be considered by the President as equivalent to a resignation.

ARTICLE XI.

The Board of Managers shall control the management of the school, shall have power to appoint and remove the Superintendent of the school, and shall determine the salaries of all nurses and subordinates.

ARTICLE XII.

The Finance Committee shall, with the Treasurer, manage the finances of the Society.

ARTICLE XIII.

Honorary Members shall be chosen only for important service and valuable aid rendered to the school. They shall be exempted from the payment of all dues. They shall be nominated by the Board of Managers, and elected by the Society at its Annual Meeting.

ARTICLE XIV.

Benefactors.—Any person who shall give One Thousand Dollars to this Society, shall become a Benefactor, and entitled to all the privileges of Membership without the payment of annual dues. A Benefactor shall have the right to nominate *two pupils*, who, upon conforming to the rules for admission, shall have a preference over all other applicants to the first two vacancies, and be received and trained in the school.

ARTICLE XV.

Patrons.—Any person who shall give Five Hundred Dollars to this Society shall become a Patron, and be entitled to all the privileges of Membership, without the payment of annual dues. A Patron shall have the right to nominate *one pupil*, who, upon conforming to the rules for admission, shall have a preference to the first vacancy, and be received and trained in the school.

ARTICLE XVI.

Members and Associate Members must be nominated in writing by a Member or Associate Member of the Society. The name of the proposed Member and the proposer being sent to the Secretary to be submitted for approval to the Board of Managers. If elected, and upon payment of the annual dues, he or she shall become a Member or Associate Member of the Society. The annual dues for a Member shall be ten dollars, for an Associate Member, five dollars, payable immediately after election, and subsequently in January of each year. Members shall be entitled to two votes at all Regular and Special Meetings of the Society, and Associate Members to one vote.

ARTICLE XVII.

Members and Associate Members may at any time commute all annual dues for life by the payment of One Hundred Dollars, and Fifty Dollars respectively.

ARTICLE XVIII.

All Members of the Society and Associate Members shall have a preference over all other applicants for the services of nurses.

ARTICLE XIX.

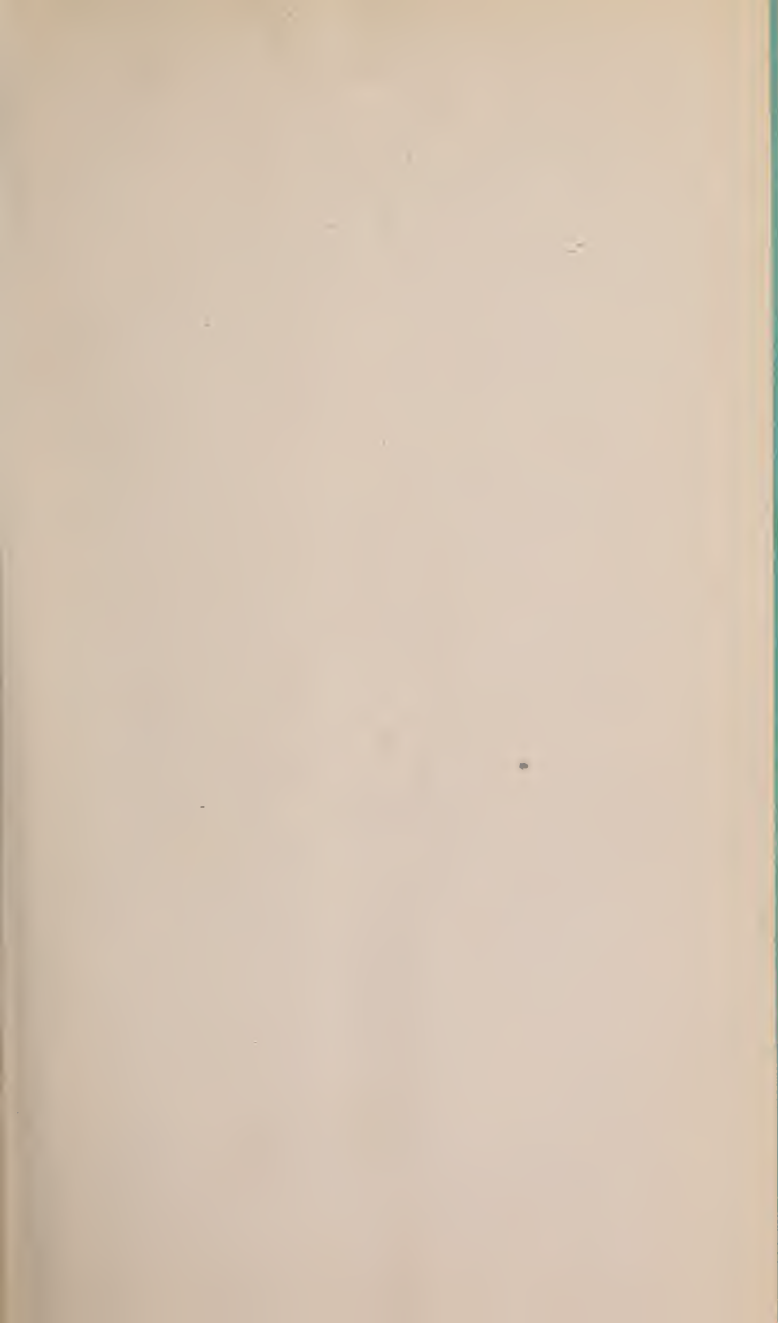
The Annual Meeting of the Society shall be held on the second Wednesday of January. The fiscal year of the Society shall be the calendar year.

ARTICLE XX.

The By-Laws of the Sub-committees must be in accordance with and subordinate to the By-Laws of the Board of Managers. The By-Laws of the Board of Managers must be in accordance with and subordinate to these By-Laws of the Society. These By-Laws can be amended by a two-thirds vote of Members of the Society or by a majority of the Board of Managers, at any regular or special meeting. The text of the proposed amendment having been sent to each Member a fortnight previously by the Secretary.







207.

FORM OF BEQUEST.

*I give to The Training School for Nurses, a Society
incorporated in the City of New York in the year 1874,
under the Act for the Incorporation of benevolent,
charitable, scientific, and missionary societies, the sum of
dollars for the purposes of said corporation.*

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